

NORTH SOUND ACH & SEED COLLABORATIVE

# POC GATHERINGS — SPREAD THE WORD!

*North Sound ACH supports a space for dialogue for people of color (POC) as they navigate their individual and collective wellbeing. This is a virtual meeting space intended for specifically for black, indigenous, and people of color to express emotions, grieve and support each other, share resources, and build community.*

*POC individuals – please join us! White folks – please share this opportunity with POC in your organization who may appreciate a space like this.*

**POC GATHERINGS TAKE PLACE ON ZOOM  
BI-MONTHLY, THE THIRD WEDNESDAY OF  
EACH MONTH, 3:30 - 5:00 PM.**

Visit the POC Gathering page on the North Sound ACH website [here](#)

# FEEL CONNECTED & JOIN US!

**SIGN UP FOR THE POC GATHERING MAILING  
LIST HERE, OR EMAIL  
[POCGATHERINGS@NORTHSOUNDACH.ORG](mailto:POCGATHERINGS@NORTHSOUNDACH.ORG).**

Purpose for Gathering & Intended Audience:

1. Intentional space to support each other's individual and collective well-being.
2. This is a virtual meeting space, with the goal of being a safe space to express emotions, grieve and support each other, share resources, and build community.
3. For black, indigenous, and people of color in the North Sound region.

We gratefully acknowledge, with humility, that the land where we are today is the territory of the People of the Salish Sea. Visit <https://native-land.ca> to learn more about the Indigenous land where you are.