



## OVERVIEW

North Sound ACH is launching a learning, advocacy, and collaborative action network, open to all community members and organizations seeking to advance a just and inclusive culture and the necessary conditions required for all community members to thrive. Network partners will provide the assets, influence, and leadership for the Network.

North Sound ACH was founded in 2015 by regional leaders from five counties and eight tribal nations, to be a place where collaborative learning, planning, and decision-making could occur, crossing traditional jurisdictional boundaries, and looking upstream to tackle issues that impact health, believing that people in the region are more connected than they are separate.

Advancing equity, well-being, and a sense of belonging are fundamental elements of the regional work, using the framework of targeted universalism to shape and inform planning, actions, decision making, and investment.

Leveraging investments earned through the state's Medicaid Transformation Project, North Sound ACH is building on regional partnerships, and seeing areas where capacity investments are critically needed. Formally launching this network is a result of the strengths and assets we've seen across the region.

Anyone — individuals or organizations — can join this network and become engaged in making this region a place where people can thrive, and the assets are organized to help make that happen.

The next page lays out the foundational commitments we're asking of all members, followed by our approach to change. Joining the network is one step. We know that one level of engagement may not fit all focus areas, so once you see the emerging cohorts, we hope you'll consider options to:

- Lead capacity building cohorts.
- Co-lead local or statewide advocacy effort(s).
- Lead or participate in innovative strategies.
- Engage in a portfolio investment process.
- Leverage and share organizational assets (i.e., communication or media teams, quality improvement trainings, evidence-based practices).

## SHARED BELIEFS

- All community members deserve to experience mental, social, physical, financial, and spiritual well-being.
- Inherited legacies of systemic racism have perpetuated trauma and exclusion, particularly among Indigenous populations and communities of color.
- Together we can create new legacies – and the conditions — that ensure a sense of belonging for all people who call this region home.
- We are accountable, to each other and to the well-being of future generations.

## COMMITMENTS

**Together we endeavor** to dismantle and heal inherited legacies of exclusion and trauma, expand the vital conditions that all people need to thrive, and create new legacies for well-being and justice.

**We adopt a shared action and learning framework**, and common metrics to maximize our impact.

**We will use our influence to —**

- Actively champion the goals, values, and priorities within our own spheres of influence.
- Share leadership and shape priorities of regional partner convenings.
- Support well-being measurement, helping to secure, promote, and use measures.
- Share learning and action opportunities with network and community members.
- Share practices and policies in plain language, enhancing understanding among all community members.

## GUIDING PRINCIPLES

- We **honor tribal sovereignty** and learn from their experience in holistic, intergenerational approaches to well-being, healing and stewardship.
- The **work is place-based** and centered around community and lived experience.
- We use **targeted universalism** as a framework, and reject zero sum approaches to advancing equitable well-being and addressing systemic racism.
- **Belonging** is both a vital condition and a practice. We endeavor to assure everyone can see themselves in the ongoing process of co-creating equitable well-being.

# How We Create Change



## Advocacy

Transforming the current state through fresh, collaborative approaches and voices.

- Influence local/regional policies and organizational practices.
- Use our voice and power to influence state policy and investments.
- Leverage knowledge to address the region's current and emerging complexities that cross clinical and social issues, including those that will advance equity, and address privilege and structural racism.

## Capacity Building

Local leaders and network partners grow capacity to make changes within their spheres of influence.

- Build common understanding and core capacities (i.e., skills in anti-racism strategies, equity, targeted universalism, community dialogue).
- Leverage knowledge and trainings for capacity building and discovery.
- Build local and regional civic muscle, enhancing the ability to work together across sectors and with community.
- Invest in the next generation of leaders.

## Convening

Be a trusted convener, where ideas can emerge, generate and evolve, for system problem-solvers and disruptors, fostering risk-taking and collaborative partnerships.

- Tribal, Equity, and Anti-Racism Learning.
- Place-based or issue-based learning and action cohorts.
- Regional learning and action network opportunities.
- Incubator space for new cohorts to form (i.e., indigenous youth, People of Color convening, food sustainability, humane housing).

## Innovation

Evolve and scale proven — and emerging — approaches to advance equitable well-being, moving outside of typical silos that have limited impact.

- Provide process support and seed funding to create new practices and innovations around the vital conditions.
- Catalyze 1 or 2 broad impact innovations (i.e., at intersection of humane housing, reliable transportation, and wealth building).
- Build linkages to regional and national networks of innovators working on well-being (i.e., communities of practice).

## Shared Resources and Investment

Sharing staffing, leadership and funding for targeted investments, especially for those often left out of traditional investment strategies.

- Shared infrastructure or backbone support (i.e., grants management, cloud-based resources, HR and Finance support).
- Funding for organizations who are depended upon, but not equitably funded.
- Innovative strategies that can scale and spread.
- Intentional investment to develop and enhance CHW workforce strategies.

## Measurement

Changing the narrative of where we've been, what we know, what can be demonstrated, and where we're heading.

- Improving ways of using data.
- Identifying emerging issues.
- Asset and resource sharing.
- Getting regional information to decision makers.