

February 22, 2019
Board of Directors Meeting
10:00am - 3:00 pm
Remote option:
<https://zoom.us/j/454093953>
1 669 900 6833
Meeting ID: 454 093 953

Board of Directors:

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|--|--|---|
| <input checked="" type="checkbox"/> Commissioner Ken Dahlstedt | <input checked="" type="checkbox"/> Debbie Jones | <input type="checkbox"/> Jim Steinruck |
| <input checked="" type="checkbox"/> Conner Darlington | <input type="checkbox"/> Councilman Nickolaus Lewis | Stillaguamish Seat (Open) |
| <input checked="" type="checkbox"/> Anne Deacon | <input type="checkbox"/> Cheryl Rasar | <input type="checkbox"/> Council Member Bill Watson |
| <input type="checkbox"/> Robin Fenn, PhD, Chair | Nooksack Seat (Open) | <input type="checkbox"/> Kim Williams, Secretary |
| <input type="checkbox"/> Cammy Hart - Anderson | <input checked="" type="checkbox"/> Caitlin Safford | Sauk-Suiattle Seat (Open) |
| <input type="checkbox"/> Shanon Hardie | <input type="checkbox"/> Marilyn Scott, Vice-Chairman of Upper Skagit Indian Tribe | |
| <input checked="" type="checkbox"/> Jennifer Johnson | | |

STAFF

Liz Baxter, MPH

Nicole Willis, MPH, CHES

Tiffany Edlin

DRAFT Minutes

Topic

1. Welcome and Meeting Agenda

- Welcome
- We have received word that Commissioner Jill Johnson will be stepping down from the Board as the Island County Board representative, but we have not received written resignation at this time.
- We need 9 for quorum, and did not achieve it. Many folks are out sick today.
- Guests: Laurel Lee, Marissa Ingalls, Siobhan Brown, Allan Fisher, John Miller, Nick Macchione, Janet St. Clair, Greg Arnold, Glenn Puckett.
- John Miller shared that a Board appointment from Nooksack is coming soon for Lona Johnson and John Miller as the alternate.

2. Presentation from Live Well San Diego (Nick Macchione)

- Liz provided a brief introduction of Nick Macchione and the community he serves.
- Nick Macchione serves as San Diego County's Director of the Health and Human Services Agency. He directs a professional workforce of 6,200 employees with a \$2+ billion annual operating budget, including 166 citizen advisory boards/commissions and 1,000 contracted community service providers. The agency is one of the largest health and human services networks in the nation, supporting all of its 3.2 million residents residing in San Diego County. Most notably, under his leadership in 2010, the Health and Human Services Agency and the rest of County government embarked on a bold and ambitious county-wide "social movement" known as Live Well San Diego. This data-driven strategy is a high level, collective impact for population health and social well-being improvement. Live Well San Diego is being implemented countywide through hundreds of public-private partnerships in building better health, safer living, and economic vitality for all San Diegans. After hearing his presentation last fall at the WA PH Association conference, I (Liz) and Jennifer Johnson who sits on the Governance Committee, thought that hearing about San Diego County's journey could help this board as it thinks about what is possible for the North Sound ACH. The Governance Committee agreed and we extended this invitation.
- San Diego has a similar healthcare system as our own. Many more similarities than differences.
- The foundation of Live Well San Diego movement is culture change.
- They are population centered and use a hub and spoke approach. They refer to themselves as an agency of one and began their journey in 1998.
- Live Well uses the [3-4-50](#) as part of their mission defined by World Health Organization (WHO). "Three behaviors (poor diet, physical inactivity, and tobacco use) contribute to four chronic diseases (cancer, heart disease and stroke, type 2 diabetes, and pulmonary diseases such as asthma) that cause over 50% of all deaths worldwide."

- The business community was critical in getting their work moving forward.
- Health equity is the focus of their work.
- Worked to develop community residents as leaders and champions of the work.
- Much of the beginning work with partners were not based on contracts or money, but rather a “public handshake” to commit to this work.
- Voluntary commitment every year.
- Focused on language and how the work moved forward. Have “advances” not “retreats.”
- Have a leadership academy to build up future leaders and community voices.
- One example of their work is the “love your heart” initiative. Started a collective movement around blood pressure. They had over 240 locations to giving free blood pressure checks including libraries, universities, churches and all fire departments in the area. The improvement in lower blood pressure did not come from medications but from awareness.
- Live Well San Diego offers all of their resources on their [website](#).
- Important to celebrate your successes.
- Worked on transformation of the approach of health improvement both at the government and community level.
- Live Well San Diego 6 equitable approaches to wellness: 1. Health equity; 2. Climate change; 3. Workforce development; 4. Diversity and inclusion; 5. Trauma-informed services; 6. Customer service.
- The Data Access Portal: <https://data.livewellsd.org/>
- CHSU Home Webpage: www.SDHealthStatistics.com
- Five key lessons learned in leading population health movements: keep it local, keep it simple, keep it real, keep it moving, keep it upbeat.
- Nick invited the Board to come to San Diego so we can learn together.

3. Public Comment – shared in appreciation of this presentation. Provides an exciting approach on how to move this work forward.

Lunch

4. Update from January Board Retreat

- Mike Bonetto provided a summary of the January Board meeting.
- When this work began it was more than the 1115 Medicaid Demonstration Waiver.
- Consensus that board members didn’t understand why scenario option was presented that indicated the ACH would sunset when Medicaid waiver obligation was met.
- Clear that most still believe the work of the ACH is more than the Waiver.
- Working towards further clarity on setting goals in April. Would like to identify milestones and future goals by June.

5. Presentation from Children of the Setting Sun Productions (Darrell Hillaire)

- Liz introduced Children of the Setting Sun Productions.
- Liz reminded the Board of its commitment to a tribal learning series. This commitment is embedded in our partner agreements and the reason why we contracted with Children of the Setting Sun Productions (CSSP).
- Mission of CSSP is to “...educate, share history, create understanding and change perceptions across cultural differences.”
- CSSP conducted a preliminary needs assessment through interviews.
- Thematic areas of need that came out of the interviews: sovereignty issues; prevention; education about tribes; education within tribes; historical trauma; systems level dysfunction.
- Shared a video “Sharing our Story: Salmon People”
- Went around the table and shared thoughts on and appreciation for the video.

6. Committee Reports

● **Community Leadership Council**

- Do not have quorum and will not be reviewing or voting.
- Will be sent via email for review and vote.

7. Public Comment - no additional comments shared after the round table share.

8. Operations

- This report was also tabled due to not having quorum. Will circulate and discuss electronically.

9. Adjourn at 2:44pm

Secretary Signature: _____

Kim Williams