

North Sound ACH Annual Board Meeting  
December 14, 2018  
9:00am - 2:00pm  
North Sound Behavioral Health Organization  
301 Valley Mall Way, Suite 110  
Mount Vernon, WA 98273  
Conference room: Snohomish  
Remote option:  
<https://zoom.us/j/567965462>  
+1 646 876 9923  
Meeting ID: 567 965 462

## Board of Directors:

- |  |  |  |
|--|--|--|
| <input checked="" type="checkbox"/> Commissioner Ken Dahlstedt, joined at 9:38 | <input type="checkbox"/> Commissioner Jill Johnson   | <input type="checkbox"/> John Stephens                         |
| <input checked="" type="checkbox"/> Anne Deacon                                | <input checked="" type="checkbox"/> Debbie Jones   | <input checked="" type="checkbox"/> Jim Steinruck              |
| <input checked="" type="checkbox"/> Robin Fenn, PhD, Chair                     | <input type="checkbox"/> Councilman Nickolaus Lewis  | <input checked="" type="checkbox"/> Joe Valentine              |
| <input checked="" type="checkbox"/> Allan Fisher                               | <input type="checkbox"/> Linda McCarthy  | <input checked="" type="checkbox"/> Council Member Bill Watson |
| <input checked="" type="checkbox"/> Cammy Hart - Anderson                      | <input checked="" type="checkbox"/> Dan Murphy, Treasurer  | <input checked="" type="checkbox"/> Kim Williams, Secretary    |
| <input checked="" type="checkbox"/> Shanon Hardie                              | <input checked="" type="checkbox"/> Marilyn Scott, Vice-Chairman of Upper<br>Skagit Indian Tribe | <input checked="" type="checkbox"/> Greg Winter-left at Noon   |
| <input checked="" type="checkbox"/> Jennifer Johnson                           | Nooksack Seat (Open)   | Sauk-Suiattle Seat (Open)                                      |

### Staff Members:

Liz Baxter, MPH  
Tiffany Edlin  
Cami Powell  
Nicole Willis, MPH, CHES

## DRAFT Minutes

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### Topic

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#### 1. Welcome, Announcements and Meeting Agenda

- Welcome & Land Acknowledgement
- Introductions
- Dean Wight spoke about David Kincheloe. David was a Board Member and Committee member and helped shape what this organization is today. He was a strong advocate for consumer representation, a teacher and mentor to many. We all learned a lot from David. He passed away last month and will be greatly missed.
- Esther stepped down from the Board and Lori is no longer at Stillaguamish Tribe of Indians.
- **Motion:** to approve the presented October 26 minutes, made by Greg W.; second by Joe V. All in favor. No objections. Robin abstained. **Minutes approved.**

#### 2. Guest (Sue Birch, HCA Director)

- Sue spoke to the strengths of ACHs and the areas that can really 'move the dial.'
- She would like to see improvements on population health and community capacity building, strong non-institutional behavioral health, increase the affordability of health insurance, land use planning, sexual education, decrease in tobacco use.
- Sees the ACHs as the catalyst to make these changes systematically. ACHs are the connectors of the people and policies in the community.
- Would like to learn from the strategy that was used in Massachusetts to strengthen our behavioral health work.
- We are the first state in the nation and second county to launch a state-wide Hepatitis C strategy.

#### 3. Operations

- Robin reminded the Board of the conflict of interest policy members signed and the importance and purpose of the document.

## ■ ■ ■ North Sound ACH

- Liz walked through the goals report.
- ACH has a signed contract with the BHO.
- In the process of finalizing the CCS platform for the Pathways HUB.
- ACH has a contract with Arcora Foundation, which has committed funds to support oral health in the North Sound region.
- The HCA has asked North Sound ACH to expand its equity work, so it will have a broader spread across the state.
- The HCA's decision to push back the region's full integration date from January 1 to July means the ACH will not receive the second half of the mid-adopter incentive payment until September. The second half of the mid-adopter payments is tied to the region's full integration achievement date.
- North Sound has distributed around \$13M to date and will have another large distribution in the next 2 weeks.
- Will not distribute fully up to the \$18.2M cap that was approved in 2018. Remaining funds will be rolled over to 2019 to distribute.
- We have had attrition with our interested partners. Started with 70 and are down to 50 partners working on agreements for implementation in 2019.
- We are exploring options for drawing down all funds. The FE Portal is a non-interest-bearing account. Looking for buy-off from HCA prior to moving forward with that strategy.
- Feedback from the Board: this process is working well, looks good and the transparency is appreciated.
- The partners that could not get loaded in the FE Portal, the ACH pulled down funds and cut them a check.
- The Fund Allocation Committee has been a great resource for developing our strategy.
- Interested in receiving a final payout for 2018 report in early 2019.

#### **4. BHO Update**

- Joe Valentine provided an update around the mid-adopter decision from the HCA.
- This region is one of 4 regions that moved forward with becoming a mid-adopter. First installment of funds came through in 2018. The second installment of funds to become available upon successful implementation (anticipated July 1). In order to be successful, the BHO has to pass a readiness review by HCA.
- In preparation of implementation the BHO was not able to update all of their contracts in time. This extension provides more time to be thoughtful in this process.
- The BHO has received over \$3M in ACH earnings to begin this work.
- This decision has no impact on ACH at this time. The BHO has two staff working with the ACH.
- BHO received \$.5M from a SAMSA grant to work with rural areas for this transition.
- Liz - the ACH will continue to support the BHO early in the year. We are not waiting for the second installment of mid-adopter payments. We have flexibility because of the Board's earlier decision that all funds are in 'one bucket.'
- Marilyn - there is an effort going on around the state to develop a tribal evaluation treatment or secure detox facility with all 29 tribes in the state. There would be one facility on each side of the mountains. The Lummi Nation is looking to develop a detox facility separate from what is happening statewide.
- Feedback: from a county perspective the extra time for the mid-adopter implementation is a good thing.

#### **5. Public Comment** - none at this time

**6. LUNCH BREAK** - Thank you to Allan Fisher, Linda McCarthy, Joe Valentine, and Greg Winter for all their time invested into this board. They have all been a part of this work for many years. Their terms end at the end of this month.

## 7. Committee Reports

### ● Governance Committee Report

- Kim walked through the presented Bylaw changes. They incorporate the many of the suggested changes from the last Board meeting.
- Please note that after 3 board absences, regardless if they are excused or not, a board member will be asked to step down from the Board.
- Reviewed the Governing Policies.
- A reminder that the Governing Policies cannot be changed without a Board motion.
- **Motion:** to approve the presented Bylaw revisions, made by Dan M.; second by Commissioner Dahlstedt. All in favor; no oppositions or abstentions. **Bylaw revisions approved.**
- **Motion:** to approve the additional policy (#8) to the Governing Policies, made by Joe V., second by Council Member Watson. All in favor, no opposition, 1 abstention - Allan (MCO sector abstaining because not all are present). **Policy #8 approved and added to the Governing Policies.**
- Reviewed the presented board nominees for 2019 - Conner Darlington and Caitlin Safford.
- **Motion:** to approve the presented 2019 board nominees, made by Jennifer; second by Greg. All in favor, no oppositions or abstentions. **Nominees elected.**
- The Governance Committee decided that it will be important to have historical knowledge at the January strategic planning session. Past board members along with all committee members will be invited.
- The additional open board seats to be reviewed at February board meeting. Want to be thoughtful in filling our gaps. All board application information is on the North Sound ACH website. Please help spread the word.
- Looking to fill vice-chair officer position when the full board is seated.
- Will evaluate the board early in the year; the goal is to have every board member on a committee as required in our policies.

### ● Executive Committee

- Robin provided an update from the committee
- Currently working through CEO's annual review. Thank you to the Board for filling out the evaluation survey. Robin is working with Liz for any follow up.

Greg Winter left the Board meeting

### ● Finance Committee

- Dan led the Finance Committee update.
- Welcomed Cami Powell, North Sound ACH CFO attending in person.
- 2019 Budget was presented. Walked through the budget line by line at the Finance Committee meeting.
- The biggest change from the 2018 to 2019 budget is the adjustment in FTEs. Moving from the current 9 FTEs to 17 FTEs.
- The Finance Committee has asked for a sustainability plan to see what ACH staffing may look like when funding decreases.
- The presented salaries are within the Board approved salary ranges.
- All expenses are within the normal range for this type of business.
- Separated out the administrative and programmatic expenses.
- The presented budget remains under the 10% threshold.
- Want to ensure we are in compliance with the HCA before drawing down all funds. We would hold the future funds in treasuries and CDs to mitigate risk and help build interest for sustainability planning.

- **Motion:** to approve the presented 2019 budget without changes, made by Joe V.; second by Shanon H. All in favor; no objections or abstentions. **2019 budget approved without changes.**
- **Tribal Alignment Committee**
  - Marilyn provided a committee update.
  - Work continues on expanding the Northwest Indian Health Board (NWIHB) to include all 8 tribes in this region. Currently, the NWIHB includes 5 of the tribes in the region. 2 of the 3 tribes not on the NWIHB have showed interest in joining.
  - Looking to improve tribal representation on other North Sound ACH Board Committees, particularly the Governance Committee.
  - Received presentation from Children of the Setting Sun Productions (CSSP). They spoke to the interviews that they held and the trainings they can provide for the ACH and the region. Hope to have the presentation at Board meeting soon.
  - Swinomish Indian Tribal Community has made a decision to allocate their funds toward the continuation of the development of the Community Health Aid Program and the DHAT and BA.
  - Tribes have a legislative day in regard to reinvestment funds around matching Medicaid program dollars.
  - Update on the hearing next week. A number of tribes have already submitted documentation for the hearing.
- **Community Leadership Council**
  - Conner Darlington provided an update.
  - Brief history of CLC - a newer committee, formed in September of 2017 and was meeting bi-monthly. Hoping to improve engagement with a restructure and less formal meeting process.
  - Continue to work on new charter and hope to have that approved soon.
  - Excited to explore new avenues in the implementation year.

**8. Public Comment** - none at this time.

## **9. Data Update**

### **Focusing on pay for performance (P4P)**

- Nicole provided the data update.
- Liz - in creating the budget we were conservative and modeled earning 90% of pay for reporting (P4R) and 70% for P4P. The P4P dollars have an 14-18 month lag time between when the year being evaluated and when we might receive earnings. To date we have received more than 100% of our P4R earnings.
- Not all of the P4P metrics are active in 2019.
- Will use 'gap to goal' to show incremental improvements.
- Medicaid recipient numbers always fluctuate. We have gone down by roughly 300 lives between 2015 to 2017.
- The fluctuation is built into the P4P measures.
- P4P metrics do not include the dual enrollees (Medicaid and Medicare). However, the high incentive measures do include the duals.
- The Board would like a bit more clarity shared around the first 3 measures along with details around the denominator.
- Currently, still waiting on data that is broken down by county and information broken down by numerator and denominator.
- It is important that we find additional avenues for real time reports in order to course correct to ensure we are successful in hitting our measures.

**10. Adjourn** - at 1:30pm

Secretary Signature:



Board Minutes December 2018